

Attachment COALITION

34441 Eight Mile, Suite 108
Livonia, MI 48152
www.attachmentcoalition.org



Healing Trauma and Strengthening Adoptive Relationships

Biography – March 2010

Julie Kimball-Kubiak, M.A., S.W.

Julie is a clinical social worker who has a private practice in Livonia, Michigan specializing in therapy that is uniquely sensitive to the issues of adoption and attachment. Julie has been treating children, adolescents, adoptive families, and adult adoptees for nearly twenty years. She has trained with Dr. Daniel Hughes and utilizes *Dyadic Developmental Psychotherapy* (DDP) as her primary treatment philosophy. DDP is a comprehensive treatment approach that honors the dyadic relationship between the parent-child as the primary agent of healing and change. Through playfulness, love, acceptance, curiosity, and empathy (PLACE), parents help their children explore the hurt and trauma of the past in therapy, facilitating healing. Using the PLACE philosophy, Julie teaches therapeutic parenting to support parents in strengthening attachment with their wounded children.

Julie's passion for her work in adoption and attachment comes from her own experience of being adopted. Being an adoptee herself, Julie enters a therapeutic relationship with wisdom, insight, and empathy into assessing and treating core issues of adoption that effect children, adolescents, families, and adult adoptees on varying levels.

Julie founded the *Attachment COALITION*, a group of clinical social workers, psychologists, and occupational therapists with specialized training and experience in attachment and adoption. The COALITION is committed to strengthening professional development of its members, to providing a comprehensive team approach to serving families, and to offering local and national training on issues of attachment. Julie and the Attachment COALITION are registered clinical members of the national organization, ATTACH.

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Biography – April, 2010

Doris A. Landry, M.S., L.L.P.

Doris Landry is a psychologist with a Master's Degree in Clinical Psychology who maintains a practice in Livonia, Michigan. She has been privately treating children and their families since 1988 and worked in the corporate world prior to private practice. Over the course of her career she has worked with children adopted domestically and internationally, focusing on treating children from Eastern Europe and Asia who are experiencing adoption adjustment problems or attachment disturbances. Doris practices *Dyadic Developmental Psychotherapy* as developed by D. Hughes, Ph.D.

Doris lived in Germany and traveled extensively through Europe and Eastern Europe, lecturing extensively on parenting via the USO. Later, her travels to China gave added depth to her work. She continues to lecture on parenting, provide workshops for adoption support groups and conducts educational seminars for adoption agencies. She contributed to the 1998 publication of *Theraplay*[®]. In September 2003, Doris released her first book, *Before I Met You* and in 2006, consulted and contributed to *Adoption Parenting: Creating a Toolbox, Building Connections* (published by EMK Press).

The Attachment COALITION, a professional peer support group, has been a springboard for Doris as she became an active member helping define the philosophy and direction of the organization. Further, she co-founded *Philosophy for Healing*, a parent training program. Doris is a registered member of the *Association for Treatment and Training in the Attachment of Children (ATTACH)*, previously serving on the Board of Directors.

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Biography – June, 2010

Linda Lhost-Catal, Ph.D., L.L.P., LMSW

Linda has been a practicing clinician for over thirty years. She began her clinical career with the Department of Social Services in Milwaukee Wisconsin, preparing children for adoptive placement. She then worked with children in the public schools, first as a school social worker and then as a school psychologist. Within the schools, she has conducted numerous psycho-educational evaluations and served as coordinator for the Multidisciplinary Evaluation Team and Individual Education Planning Team. Along with her work in the schools, Linda has maintained a private practice for over twenty years. She has treated both children and adults. She coordinated a diagnostic and treatment program for Attention Deficit Hyperactivity Disorder. She has conducted research in autobiographical memory, and is published in the Journal of Memory and Cognition (May, 2004). Her research was presented at the International Society for Memory and Cognition in Boulder Colorado and Ontario, Canada.

Educationally, Linda holds a Masters in Social Work, a Masters in Clinical Psychology, a Specialist in School Psychology, and a Doctor of Philosophy in Child Clinical Psychology. In addition to formal education, she has attended continuing education courses and training seminars on Child Development, Child Neuropsychology, Neuropsychological Assessment, Multiple Intelligences, Adolescent Substance Abuse, Autism Spectrum Disorders, Dyslexia, Non-Verbal Learning Disabilities, Childhood Depression, Childhood Anxiety Disorders, Behavioral Disorders in Children, Attention Deficit Hyperactivity Disorder, and Child and Family Therapy. She is trained in both cognitive-behavioral therapy and psychoanalytic, psychodynamic therapy. She has attended training in Reactive Attachment Disorder, including an intensive workshop with Dr. Daniel Hughes.

Linda works with the clinical therapists from the Attachment COALITION to provide psychological assessment of newly referred children, to assist with treatment planning. Comprehensive assessments include cognitive, memory, perceptual-motor, academic, language, attention, and personality testing. For children already in treatment, she also provides issue-specific testing to address therapeutic concerns. She is currently expanding & refining her expertise on instruments specific to attachment assessments. Linda uses her knowledge and experience as a school psychologist to provide educational consultations to therapists and adoptive parents.

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Sandra Glovak, O.T.R.

Sandra Glovak, OTR, is the owner and director of the Sensory Systems Clinic, which she founded in 1982. Sandra graduated from Wayne State University in 1976, and has completed training in Sensory Integration, Oral Motor, Neurodevelopmental Training, Integrative Manual Therapy, Interactive Metronome, Craniosacral Therapy, cranial therapy, Myofascial Release, Therapeutic Listening, Core Course Somonas Sound Therapy, DIR/Floortime, Attachment, Autism, Infant Developmental Assessment, Neurofeedback and many others. She is certified to administer and interpret the Sensory Integration and Praxis Tests.

Sandra has co-authored a chapter in *Case Studies in Infant Mental Health: Risk, Resiliency and Relationships* (Zero to Three 2002, editor Shirilla and Weatherston). She also co-authored an article in *Infants and Young Children, An Interdisciplinary Journal of Special Care Pediatrics* (July 2002). She takes a great interest in continuing education training, assessments & evaluations, advanced cranial sacral work and business management.

As owner and director of Sensory Systems, Sandra provides educational opportunities for parents and professionals as well as offers a training facility for university students completing advanced clinical training in occupational therapy. Her clinic provides a classic sensory integrative approach under the philosophy of functional level assessments. This approach is documented as the best means by which to determine a child's dysfunction of sensory integration. Further, Sandra and her staff's extensive and intensive training can provide services for a variety of disabling conditions; regulatory disorders, autism spectrum disorders, attention deficit disorder, dyspraxia, brain injuries, depression and other mental illnesses.

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Lisa Inoue, LMSW

Lisa Inoue began her career in the field of medical social work, working with patients and their families around issues connected with chronic and terminal illness, death and bereavement.

Lisa then moved in the direction of working with families transitioning out of homelessness. These families were frequently involved in the child welfare system and this was where Lisa became moved to learn and utilize different approaches to help these very needy families in changing their relationships with their children.

Currently, Lisa maintains a practice specializing in the treatment of adults and children with issues related to interpersonal trauma and disrupted attachment. She integrates a variety of approaches including Dyadic Developmental Psychotherapy, EMDR and mindfulness practices.

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Linda Susan Jones, MS., L.L.P.

Linda has a Master in Science in Clinical Psychology, she is licensed in Michigan. Linda has been providing Infant Mental Health and Attachment therapy independently in a private practice in Farmington Hills and has recently joined the Attachment Coalition. Linda has been trained with Dan Hughes PhD and utilizes Dyadic Developmental Psychotherapy (DDP) using PLACE (playfulness, love, acceptance, curiosity and empathy) with her families. She honors the parent-child relationship as the primary aim of therapy. Linda has psychodynamic background; she completed the Clinical Fellowship and the Child and Adolescent Developmental Psychoanalytic Psychotherapy at Michigan Psychoanalytic Institute.

Linda is an avid learner and is currently working on her certificate in Infant Mental Health at Wayne State University. In addition to her formal education, Linda has experience and training in Child Abuse and Neglect, Trauma, Attachment Theory, Unresolved Grief, Infant Mental Health, Play Therapy, Mindfulness, Dialectical Behavior Therapy, Self Destructive Behavior in Adolescent Girls, Motivational Interviewing, Evidence Based Assessments, Cognitive Behavior Therapy, and Hypnotherapy. She has completed the Facilitator training in the Nurturing Parent Program. Linda also has experience in psychological testing.

Linda is excited about joining the Attachment Coalition and is looking forward to learning from the members with their diverse backgrounds. Linda is a clinical member of the national organization ATTACH.

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Karol K. Teetor, MA, LLPC, NCC

Karol has over twenty years of experience working within the special education community in Michigan. These years as a teacher and administrator provided Karol with a strong foundation as she embarked on advanced studies and further formal education in the treatment of children suffering from attachment disturbances.

Karol spent five years, 1997 to 2006, immersed in research and training in the study of attachment, neglect, trauma and loss. This endeavor was a prelude to Karol returning to earn her second Master's degree with the express intent of opening a private practice to support families in crisis; hence, her expressed specialty in forming family teams.

Karol is now a Limited License Professional Counselor with a practice in northern Oakland County. Dyadic Developmental Psychotherapy (DDP), as developed by Daniel Hughes, Ph.D., is the theoretical approach she uses in working with families. Since it is often the case that such children suffered traumas and great loss, Karol searched for a specialized complimentary treatment and most recently studied at the *National Institute for Trauma and Loss* in Michigan under the direction of William Steele, PsyD.