

The Attachment COALITION

is registered with the

*National Association*

*for the*

*Treatment & Training*

*in the*

*Attachment of Children*

(ATTACH)

ATTACH requires annual training in

attachment & trauma and strict

adherence to treatment

methodologies. A protocol must

also be submitted every three years

to maintain “registered” status.

For details log onto:

<http://www.attach.org/protocols.htm>

## *COALITION Philosophy*

A child who has experienced multiple placements, institutionalization, neglect or abuse has been traumatized. We must acknowledge that such traumas occurred within the context of a relationship (or *lack* of relationship), leaving a child "attachment traumatized." We understand that asking an adopted child to enter into a new relationship may be both challenging and frightening.

For other adoptees, struggles may be seen during the developmental milestones of life. Children, adolescents and young adults may struggle to make sense of the seven core issues of adoption; loss, rejection, guilt & shame, grief, identity, intimacy and control. Training and sensitivity to these concerns allows COALITION members to explore as well as honor life-stories. This process assists in the healing of old wounds, for adoptees and adoptive parents alike!

COALITION members believe that in changing the experiences of "relating" for a child and his/her family, the change can only occur within an attachment-based relationship. As a result of this belief, we have chosen *Dyadic Developmental Psychotherapy* (DDP) as the treatment of choice. This approach creates new meaning for past trauma(s), assists in resolving adoption struggles, and incorporates the child's present attachment figure to provide the safety that allows for change.

## Attachment COALITION

Healing Trauma and  
Strengthening Adoptive  
Relationships



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[www.attachmentcoalition.org](http://www.attachmentcoalition.org)

## What we do...



### Psychotherapy

Treating clinicians provide attachment-based psychotherapy using *Dyadic Developmental Psychotherapy (DDP)* as developed by D. A. Hughes, Ph.D. This treatment modality is steeped in attachment theory, requiring work to be conducted with the parent(s) & child. Treatment plans includes an assessment of behavioral and emotional concerns, child & parent histories, and parent education.

### Consultations

Treating clinicians can provide a family with direction and recommendations can sometimes be the needed guidance to set relationships on a less troublesome course. Consultations are for families experiencing adoption issues or problem behaviors with children of any age. Pre-adopt consultations are also conducted, providing parents with ideas and information to increase the likelihood of a smoother transition for adoptees.

### Psychological Evaluations & School Consultations

Assessments can be completed for children, adolescents or adults. Intelligence, learning, attention, memory, mood, behavior, and attachment potential can be assessed, all or in part, for new families as well as children in treatment. Assistance is available for understanding school services, planning, placements & providing independent educational evaluations. These services are provided exclusively by Dr. Linda Lhost-Catal.

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### Occupational Therapy

COALITION members are strongly committed to Occupational Therapy (O.T.) as a healing treatment. Sandra Glovak, as the owner of Sensory Systems Clinic, has made a commitment to incorporate and assist in facilitating interventions that are aligned with attachment-focused psychotherapy. This approach insists on parental involvement in the evaluation and treatment of a child's Sensory Processing Disorder.

## Who we are...

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