

Attachment COALITION of Michigan
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Healing Trauma and Strengthening Adoptive Relationships

Biography – December 2018

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Karol has over twenty years of experience working within the special education community in Michigan. Those years as a teacher and administrator provided Karol with a strong foundation as she embarked on advanced studies and further formal education in the treatment of children suffering from attachment disturbances.

Karol spent five years, 1997 to 2006, immersed in research and training in the study of attachment, neglect, trauma and loss. This endeavor was a prelude to Karol returning to earn her second Master's Degree with the express intent of opening a private practice to support families in crisis; hence, her expressed specialty in forming family teams.

Karol is now a Licensed Professional Counselor with a practice in northern Oakland County. Dyadic Developmental Psychotherapy (DDP), as developed by Daniel Hughes, Ph.D., is the theoretical approach she uses in working with families. Since it is often the case that such children suffered traumas and great loss, Karol searched for a specialized complimentary treatment and studied at the National Institute for Trauma and Loss in Michigan under the direction of William Steele, PsyD.

Karol has established a private practice, Rivertrail Counseling in Auburn Hills with the focus on creating community for families struggling with issues of trauma and attachment. Beyond talk therapy, the practice implements expressive arts, sensory play, movement, and support groups for parents and children.

Supervision is available for those working towards licensing hours for LPC.