

The ATTACHMENT Coalition

is registered with the

*National Association*

*for the*

*Treatment & Training*

*in the*

*Attachment of Children*

(ATTACH)

ATTACH requires annual training in

attachment & trauma and strict

adherence to treatment

methodologies. A protocol must

also be submitted every three years

to maintain “registered” status.

For details go to:

<http://www.attach.org/protocols.htm>

## *ATTACHMENT Coalition Philosophy*

A child who has experienced multiple placements, institutionalization, neglect or abuse has been traumatized. We must acknowledge that such traumas occurred within the context of a relationship (or *lack of relationship*), leaving a child “attachment traumatized.” We understand that asking an adopted child to enter into a new relationship may be both challenging & frightening.

For other adoptees, struggles may be seen during the developmental milestones of life. Children, adolescents and young adults may struggle to make sense of the seven core issues of adoption; loss, rejection, guilt & shame, grief, identity, intimacy and control. Training and sensitivity to these concerns allows ATTACHMENT Coalition members to explore as well as honor life-stories. This process assists in the healing of old wounds, for adoptees and adoptive parents alike!

ATTACHMENT Coalition members believe that in changing the experiences of “relating” for a child and his/her family, the change can only occur within an attachment-based relationship. As a result of this belief, we have chosen *Dyadic Developmental Psychotherapy* (DDP) as the treatment of choice. This approach creates new meaning for past trauma(s), assists in resolving adoption struggles, and incorporates the child’s present attachment figure to provide the safety that allows for change.

# ATTACHMENT Coalition

Healing Trauma and  
Strengthening Adoptive  
Relationships



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[www.attachmentcoalition.org](http://www.attachmentcoalition.org)

## What we do...

### Psychotherapy

Treating clinicians provide attachment-focused psychotherapy using *Dyadic Developmental Psychotherapy (DDP)*. This treatment modality is steeped in attachment theory, requiring work to be conducted with the parent(s) & child. Treatment plans include an assessment of behavioral and emotional concerns, child and parent histories, and parent education.

### Consultations

Treating clinicians can provide a family with direction, recommendations and guidance to set relationships on a less troublesome course. Consultations are for families experiencing adoption issues or problem behaviors with children of any age. We also conduct Pre-adopt Consultations which provide parents with ideas and information to increase the likelihood of a smoother transition for adoptees.

### Psychological Evaluations & School Consultations

Assessments can be completed for children, adolescents or adults. Intelligence, learning, attention, memory, mood, behavior, and attachment potential can be assessed, all or in part, for new families as well as children in treatment. Assistance is available for understanding school services, planning, placements & providing independent educational evaluations.

### Neurofeedback Training

Neurofeedback is a non-invasive treatment for brain dysregulation that may be caused by heredity, disease, nutrition, trauma, and physical or emotional stress. Neurofeedback helps train the brain and nervous system toward healthy arousal states to address conditions such as, hyperactivity, attention deficits, anxiety, depression, sleep disorders, learning or memory problems. Coalition members researched and studied various systems to determine the best fit for the population of children and adults seeking our services.

### Mindful Parenting Training

Mindful Parenting is an approach to help parents develop their ability to be more aware of what's happening inside and outside of themselves; their emotional reactions that can get in the way of responding effectively to their child. This training can assist parents in hearing and understanding their child with greater clarity, allowing for more skillful responses to solving problems. Six week courses are offered throughout the year.



## Who we are...

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